- MEZE -

LAMB KAVURMA 10.00 S Humus, spiced lamb, chickpeas

STUFFED VINE LEAVES (V) 8.00 D Rice, onion, tomato, lightly spiced, yoghurt

KALAMAR 10.00 E,G, M Fried squid rings, tartare

AUBERGINE PARMIGIANA 9.00 D Aubergine, passata, parmesan

VEG STICKS (VG) 4.00 *Cucumber, celery, carrots*

BABA GANOUSH 6.50 D, S Aubergine, garlic, tahin, yoghurt

DIPS 10.00 D. S Humus, cacik, baba ganoush

HELLIM (V) 9.00 D

Grilled Cypriot cheese, watermelon, rocket

CIGER 8.00 G
Fried lambs liver, red onion, lemon

CHICKEN KAVURMA 9.00 S Humus, spiced chicken, chickpeas

HELLIM CHIPS (V) 8.00 D

Fried Cypriot cheese, rocket, spicy relish

GRILLED PRAWNS 14.00 CR
Olive, herb salsa

FLAMING SAGANAKI 13.00 D, S Flaming gruyere cheese, honey, sesame, Metaxa

> ZEYTIN (VG) 4.50 Mixed olives

CACIK (V) 6.50 D Yoghurt, cucumber, mint

KIZARTMA (VG) 7.00

Aubergine, potato, peppers, tomato

BOREK (V) 9.00 D, G Filo rolls, feta, sweet chilli jam

FALAFEL (VG) 7.50 S Spiced chickpea falafel SEAFOOD KAVURMA 13.00 CR. M

Prawns, squid, mussels, mixed peppers with a sweet chilli sauce

KOFTE BALLS 10.00 D

Lamb meatballs, tomato sauce, parmesan

PAN PRAWNS 13.00 CR, D Garlic, tomato, parsley, cream

WHITEBAIT 9.50 E, F Breaded and fried whitebait, tartare

HUMUS (VG) 6.50 S Chickpeas, tahin, garlic, lemon

CORIANDER HUMUS (VG) 6.50 S Chickpeas, tahin, coriander, lemon

EZME SALATA (VG) 8.00 Finely chopped spiced salad

SUJUK 8.50 Spicy Turkish beef sausage

CHILLI MANGO PRAWNS 9.50 CCR, E, F, G, M Breaded fried mango prawns, sweet chilli

- FISH -

SALMON 24.50 D, F

Oven baked paprika & herb salmon with garlic mash and broccoli

KING PRAWNS 25.00 C, G

Shelled grilled prawns, olive samphire salsa, bulgur wheat, mixed salad

STONE BASS 24.00 D, F

Pan fried stone bass with garlic mash and broccoli

SWORDFISH 24.50 F, G

Cubed and grilled with pepper and onion, coriander olive oil, bulgur wheat, mixed salad

- VEGAN & VEGETARIAN -

VEGETABLE MOUSSAKA (V) 17.50 D, G

Mediterranean vegetables, bechamel sauce, cheese

HELLIM **ŞIŞ** (V) 17.50 D

Cypriot cheese skewers, mixed leaves, pomegranate and mint olive oil

CHICKPEA CASSEROLE (VG) 17.50

Spiced chickpeas, Mediterranean vegetables

HELLIM BURGER (V) 17.50 D, G

Grilled Cypriot cheese, rocket leaves, tomato and mint mayo with julienne

C - CELERY, CR - CRUSTACEANS, D - DAIRY, E - EGGS, F - FISH, G - GLUTEN, L - LUPIN, M - MOLLUSCS, MS - MUSTARD, N - NUTS, P - PEANUTS, S - SESAME, SY - SOYA, SP - SULPHITES

Please advise your server of any allergens and although every effort is made, we are not always able to prevent cross contamination of ingredients

- MANGAL GRILLS -

THE BELOW GRILLS AND SHARERS ARE SERVED WITH BULGUR WHEAT RICE WHICH CONTAINS GLUTEN. THIS CAN BE REPLACED WITH FRIES AS A GLUTEN FREE ALTERNATIVE

ADANA KOFTE ŞIŞ 19.50

Lightly spiced minced leg of lamb şiş

CHICKEN & LAMB \$I\$ 23.50

Can't decide? Have both!!

CHICKEN & KOFTE \$I\$ 21.00

Both chicken and kofte şiş

FAT TURK IZGARA 26.50

Trio of chicken şiş, lamb şiş & kofte şiş

RIB-EYE ŞIŞ 31.00

Cubed Rib-eye steak served with hand cut chips and creamy mushrooms

CHICKEN ŞIŞ 21.00

Sweet pepper & garlic marinated chicken breast şiş

LAMB \$I\$ 24.00

Oregano prime leg of lamb şiş

FAT TURK BURGER 19.50 G, D

Lamb burger with chicken, spicy sujuk sausage, Turkish Kasar cheese, ezme salad and oregano fries

PIRZOLA 25.00

Pimento spiced best end lamb chops

SURF & TURK 28.50 C

Selection of the Fat Turk's Þnest chicken şiş kofte şiş, lamb chop, king prawn, swordÞsh cube

- FAT SHARERS -

CHICKEN & CHOPS 80.00 S

Chicken Kavurma, chicken şiş, 4 lamb chops, julienne fries, bulgur wheat and a Mediterranean salad with <u>2 pints of complimentary Efesor 2 glasses of house wine.</u> For 2 to share or 1 hungry Turk!

THE FAT SURF & TURK 165.00

Platter of chicken şiş, lamb şiş, kofte şiş, lamb chops, king prawns, julienne fries, bulgur wheat and Mediterranean salad with <u>4 pints of complimentary Efes or a bottle of house wine</u>. For 4 to share or 2 hungry Turks!!

- THE FAT ITALIAN -

SEAFOOD PAPPARDELLE 19.50 C, G, M

Prawn, squid, mussels and chilli pappardelle pasta with garlic and olive oil

SPAGHETTI KOFTE BALLS 13.50 G

Spaghetti and lamb meatballs in a tomato and herb sauce

CLASSIC CARBONARA 15.00 D, E G

Spaghetti with silky cheese sauce, free range egg, crispy pancetta topped with parmesan and black pepper

SPICY CHICKEN ARRABBIATA 16.50 G

Penne pasta in garlic pomodoro sauce, chicken breast and a chilli kick (Vegan alternative also available)

- SIDES -

HAND CUT CHIPS 4.50

MAC N HELLIM CHEESE 5.00 D

MIXED STEAMED VEGETABLES 4.50

CHEESY GARLIC MUSHROOMS 5.00 D

GARLIC MASH 5.00 D

FETA SALAD 5.00 D

JULIENNE FRIES 4.50 SPICY DIRTY RICE 5.00 PICKLED RED CABBAGE 3.00

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