# - MEZE -

LAMB KAVURMA 10.00

Humus, spiced lamb, chickpeas

STUFFED VINE LEAVES (V) 8.00

Rice, onion, tomato, lightly spiced, yoghurt

KALAMAR 10.00

Fried squid rings, tartare

AUBERGINE PARMIGIANA 9.00

Aubergine, passata, parmesan

VEG STICKS (VG) 4.00

Cucumber, celery, carrots

BABA GANOUSH 6.50

Aubergine, garlic, tahin, yoghurt

**DIPS 10.00** 

Humus, cacik, baba ganoush

HELLIM (V) 9.00

Grilled Cypriot cheese, watermelon, rocket

**CIGER 8.00** 

Fried lambs liver, red onion, lemon

CHICKEN KAVURMA 9.00

Humus, spiced chicken, chickpeas

HELLIM CHIPS (V) 8.00

Fried Cypriot cheese, rocket, spicy relish

**GRILLED PRAWNS 14.00** 

Olive, herb salsa

FLAMING SAGANAKI 13.00

Flaming gruyere cheese, honey, sesame, Metaxa

ZEYTIN (VG) 4.50

Mixed olives

CACIK (V) 6.50

Yoghurt, cucumber, mint

KIZARTMA (VG) 7.00

Aubergine, potato, peppers, tomato

BOREK (V) 9.00

Filo rolls, feta, sweet chilli jam

FALAFEL (VG) 7.50

Spiced chickpea falafel

SEAFOOD KAVURMA 13.00

Prawns, squid, mussels, mixed peppers with a sweet chilli sauce

**KOFTE BALLS 10.00** 

Lamb meatballs, tomato sauce, parmesan

PAN PRAWNS 13.00

Garlic, tomato, parsley, cream

WHITEBAIT 9.50

Breaded and fried whitebait, tartare

HUMUS (VG) 6.50

Chickpeas, tahin, garlic, lemon

CORIANDER HUMUS (VG) 6.50

Chickpeas, tahin, coriander, lemon

EZME SALATA (VG) 8.00

Finely chopped spiced salad

**SUJUK 8.50** 

Spicy Turkish beef sausage

CHILLI MANGO PRAWNS 9.50

Breaded fried mango prawns, sweet chilli

- FISH -

**SALMON 24.50** 

Oven baked paprika & herb salmon with garlic mash and broccoli

KING PRAWNS 25.00

Shelled grilled prawns, olive samphire salsa, bulgur wheat, mixed salad

STONE BASS 24.00

Pan fried stone bass with garlic mash and broccoli

SWORDFISH 24.50

Cubed and grilled with pepper and onion, coriander olive oil, bulgur wheat, mixed salad

- VEGAN & VEGETARIAN -

VEGETABLE MOUSSAKA (V) 17.50

Mediterranean vegetables, bechamel sauce, cheese

HELLIM ŞIŞ (V) 17.50

Cypriot cheese skewers, mixed leaves, pomegranate and mint olive oil

CHICKPEA CASSEROLE (VG) 17.50

Spiced chickpeas, Mediterranean vegetables

HELLIM BURGER (V) 17.50

Grilled Cypriot cheese, rocket leaves, tomato and mint mayo with julienne fries

Please advise your server of any allergens and although every effort is made, we are not always able to prevent cross contamination of ingredients

# - MANGAL GRILLS -

The word \$i\$ (shish) is Turkish for skewer and all the below are cooked on \$i\$ and charcoal grilled on our traditional open Mangal grill.

Served with bulgur wheat and mixed salad for the table to share, please let your server know if you would like additional salad.

### ADANA KOFTE ŞIŞ 19.50

Lightly spiced minced leg of lamb şiş

### CHICKEN & LAMB \$I\$ 23.50

Can't decide? Have both!!

## CHICKEN & KOFTE ŞIŞ 21.00

Both chicken and kofte şiş

## FAT TURK IZGARA 26.50

Trio of chicken şiş, lamb şiş & kofte şiş

# **RIB-EYE ŞIŞ 31.00**

Cubed Rib-eye steak served with hand cut chips and creamy mushrooms

### CHICKEN ŞIŞ 21.00

Sweet pepper & garlic marinated chicken breast sis

# **LAMB \$I\$** 24.00

Oregano prime leg of lamb şiş

#### FAT TURK BURGER 19.50

Lamb burger with chicken, spicy sujuk sausage, Turkish Kasar cheese, ezme salad and oregano fries

### PIRZOLA 25.00

Pimento spiced best end lamb chops

#### **SURF & TURK 28.50**

Selection of the Fat Turk's finest chicken şiş kofte şiş, lamb chop, king prawn, swordfish cube

# - FAT SHARERS -

#### CHICKEN & CHOPS 80.00

Chicken Kavurma, chicken şiş, 4 lamb chops, julienne fries, bulgur wheat and a Mediterranean salad with 2 pints of complimentary

<u>Efes or 2 glasses of house wine.</u> For 2 to share or 1 hungry Turk!

#### THE FAT SURF & TURK 165.00

Platter of chicken şiş, lamb şiş, kofte şiş, lamb chops, king prawns, julienne fries, bulgur wheat and Mediterranean salad with <u>4 pints of complimentary Efes or a bottle of house wine</u>. For 4 to share or 2 hungry Turks!!

# - THE FAT ITALIAN -

#### **SEAFOOD PAPPARDELLE 19.50**

Prawn, squid, mussels and chilli pappardelle pasta with garlic and olive oil

# CLASSIC CARBONARA 15.00

Spaghetti with silky cheese sauce, free range egg, crispy pancetta topped with parmesan and black pepper

#### SPAGHETTI KOFTE BALLS 13.50

Spaghetti and lamb meatballs in a tomato and herb sauce

#### SPICY CHICKEN ARRABBIATA 16.50

Penne pasta in garlic pomodoro sauce, chicken breast and a chilli kick (Vegan alternative also available)

# - SIDES -

HAND CUT CHIPS 4.50

MAC N HELLIM CHEESE 5.00

MIXED STEAMED VEGETABLES 4.50

CHEESY GARLIC MUSHROOMS 5.00

GARLIC MASH 5.00

FETA SALAD 5.00

JULIENNE FRIES 4.50 SPICY DIRTY RICE 5.00 PICKLED RED CABBAGE 3.00

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